

Member Learning Programme January - July 2025

EXCEL BEGINNERS



28 & 29 JANUARY
10AM - 1PM (MS TEAMS)

This course is aimed at members new to Excel

You will need basic computer knowledge including using a mouse and how to save files

Deaf Awareness & Intro to British Sign Language

26 February 9.30am - 12.30pm
Via Zoom

Adjust

NEURODIVERSITY UNDERSTOOD

4 February 9.30am - 1pm
Via MS Teams

28 Feb & 7 March
10.00am - 1.00pm via Zoom

Assertiveness

Feel confident to communicate your thoughts and feelings in positive way



Dementia Awareness

11 MARCH 2025
1PM - 4PM

For members who work in a role where they may come into contact with individuals living with Dementia

EXCEL IMPROVERS

12 & 13 MARCH
10AM - 1PM (MS TEAMS)

This course is aimed at members with some experience of Excel



Pre-Retirement Planning

20 March 9.30am - 4.00pm

Delivered in-person in Northampton

Lone Working

understand risk, responsibilities and the steps you can take

27 March
10.00am - 12.30pm
Via Zoom

For details of each course visit:

<https://eastmidlands.unison.org.uk/members>



EXCEL ADVANCED



3 & 4 APRIL
10AM – 1PM (MS TEAMS)

Aimed at members with good knowledge of Excel



Adjust

28 April

9.30 - 1pm via MS Teams

Dyslexia Awareness

Cruse
Bereavement
Support

LOSS AND BEREAVEMENT IN CHILDREN AND YOUNG PEOPLE

30 April, 10.15am - 12.45pm
Via Zoom

2Resolve
TRAINING & DEVELOPMENT

ADHD Awareness for School Staff

6 May 10.00am - 12.30pm
via Zoom

Living Well With Anxiety

9 & 16 May
10.00am - 1.00pm
Via Zoom

EXCEL BEGINNERS



20 & 21 MAY
10AM – 1PM (MS TEAMS)

This course is aimed at members new to Excel

You will need basic computer knowledge including using a mouse and how to save files

NEURODIVERSITY FOR MANAGERS

Adjust



12 JUNE
9.30AM - 1.00PM
VIA MS TEAMS

Deaf Awareness & Intro to British Sign Language

24 June 9.30am - 12.30pm
via zoom

EXCEL IMPROVERS



1 & 2 JULY
10AM – 1PM (MS TEAMS)

This course is aimed at members with some experience of Excel

Nottingham &
Nottinghamshire
ageUK

Pre-Retirement Planning

16 July 9.30am - 4.00pm

Delivered **in-person in Leicester**



For details of each course visit:
<https://eastmidlands.unison.org.uk/members>