



# NOTTS UNISON LIFE LONG LEARNING NEWSLETTER

Spring | May 2017



## CELEBRATING ADULT LEARNING ACROSS NOTTINGHAMSHIRE IN 2017

Contact Tina Carnachan  
Branch Life Long Learning  
Co-ordinator for further info on  
any of the courses available.  
T: 0115 9810405  
E: [tina.carnachan@nottsgov.uk](mailto:tina.carnachan@nottsgov.uk)



## Lifelong Learning Fair – Creative and Curious – The Theme for 2017

**Tuesday 16th May 2017**

**County Hall, Assembly Hall, West Bridgford,  
Nottingham**

**11am to 2pm**

UNISON are working in partnership with NCC - this event will feature H&S advice and training available, it will also highlight the importance of being vigilant when using vehicles.

There will be stalls from UNISON, NCC Departments, local colleges and many other activities.

### UNISON - Creative Writing session FREE 10am to 12pm

Please contact Tina Carnachan at UNISON on 0115 9810405 to book a place or email [tina.carnachan@nottsgov.uk](mailto:tina.carnachan@nottsgov.uk) or book on BMS Learning (NCC)

**Look out for UNISON Learning Stands around the  
County in 2017**

## FREE COURSES FOR UNISON MEMBERS IN 2017 - KEY DATES

**During 2016 - 187 members attended  
Unison courses FREE**

**Courses Included** – Manage Your Stress -  
Mental Health Awareness - OU Autism  
Awareness - IT courses - OU Dementia  
Awareness - Deaf awareness & sign  
language - Build your confidence -  
Managing Classroom Behaviour - ILM

**Build Your Confidence (2 days)** Nottingham 11, 12  
July 2017 Derby 9, 10 Nov

**Interview Skills (2 days)** Derby 11, 12 May 2017

**Manage Your Stress (1 day)** Nottingham 9 Oct 2017

**Introduction to Microsoft Excel (1 day)**  
Nottingham 7 July 2017

**Microsoft Excel Next Steps (1 day)**  
Nottingham 14 July 2017

**Introduction to Microsoft PowerPoint (1 day)**  
Nottingham 14 Nov 2017

**PowerPoint Beyond the Basics (1 day)**  
Nottingham 21 Nov 2017

**Return To Learn - dates to be confirmed**

**Women's Lives - dates to be confirmed**

## HEALTH & SAFETY

**Want to do something more?**

UNISON believes health and safety in the workplace is an issue for everyone. Every year, thousands of people suffer accidents and ill-health at work – most of which could be avoided.

*Go to UNISON website and click on the headings below.....*

[Accidents](#)

[Alcohol, drugs and substance abuse](#)

[Back pain](#)

[Computers](#)

[Eye care](#)

[First aid provision](#)

[Hazard reporting](#)

[Manual handling](#)

[Occupational health](#)

[Risk assessment](#)

[Smoking in the workplace](#)

[Working at height](#)

[Working conditions](#)

[WRULDs and RSI](#)

[Stress](#)



## HEALTH & SAFETY -

**WE ALL NEED TO BE AWARE AND TAKE RESPONSIBILITY FOR REPORTING ISSUES**



As a union we are always keen to promote and support health and safety in the workplace. Locally within the branch we endeavour to work with all employers where we have members and that means dealing with over 150 different employers covering almost 9,000 members.

Within Notts County Council for example this means that we jointly promote H&S in the workplace, liaise regularly over visiting workplaces. We hold regular joint meetings at all levels within the Council, not only H&S issues are raised but we also look to devise training programmes and issue joint statements.

We plan and promote inspection days, Health & Safety learning events throughout the year, especially around Workers Memorial Day on 28th April and European H&S week in October (23rd-27th). During this year there will be a focus on occupational road safety.

In conjunction with the County Council we encourage all staff to place H&S at the forefront of their workplace. Please ensure you have a union health and safety rep elected in your workplace. UNISON H&S reps will be given full training for this role.

Thank you for all your support over previous years highlighting issues that we have raised with employers. Please continue to be vigilant in your workplace and ensure you inform the branch office of anything you feel may be onward regards the health and safety of colleagues in your workplace.

**You can always contact me at the branch office**

Everton Lewis-Gordon UNISON Health & Safety Officer

Tel: 0115 9810405

Email: [everton.lewis-gordon@nottsccl.gov.uk](mailto:everton.lewis-gordon@nottsccl.gov.uk)

**On 16th May at the Life Long Learning Event County Hall there will be H&S Sessions on the Highway Code and Occupational Road Risk**



The Open University

**Open University (OU) Awards are available to UNISON members** undertaking 30 and 60 point OU courses up to and including under-graduate level at their own expense. No awards are available for Masters Degree study or above.

Awards are made as follows:

- 60 point courses £200
- 30 point courses £100

Awarded on a first-come, first-served basis until funds are exhausted



**Nottinghamshire  
County Council**

***Breaking news.....Nottinghamshire County Council now signed off a Dyslexia policy – April 2017 for more information contact Tina at the branch office 0115 9810405 or email [tina.carnachan@nottscc.gov.uk](mailto:tina.carnachan@nottscc.gov.uk)***

**Dyslexia. More common than you think** Dyslexia is big news for UNISON and we are committed to raising awareness about Dyslexia and helping members to access help and support.

**What is Dyslexia?** It is estimated that 1 in 10 of the population are affected by dyslexia to some degree. Dyslexia is a combination of abilities and difficulties that affect the learning process in one or more of reading, spelling and writing. It is a persistent condition. There is no cure, but with the right specialist support and teaching, people with dyslexia can overcome their difficulties and achieve great things! People with dyslexia have particular strengths as well as difficulties. Many are often very creative, lateral thinkers, with the ability to express themselves well verbally.

**UNISON** offers free courses and sessions on dyslexia. Union Learning Reps can attend specialist training on dyslexia, how it can prevent people from getting the best from learning, and how to help overcome these barriers. So speak in confidence to a Union Learning Rep or call us on 0115 981 0405. If you would like support or advice about screening, contact the Dyslexia Association (BDA) on **0115 924 6888**. Lines open Monday-Friday from 9.30-4.30pm. Or visit their website <http://www.dyslexia.uk.net/>





## Local Branch UNISON LEARNER REPRESENTATIVES

Tina Carnachan – Lifelong Learning Co-ordinator - County Hall

Ros Bowley - Trent Bridge House

Mark Howard - Trent Bridge House

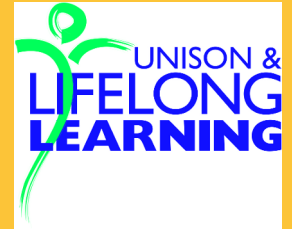
Everton Lewis-Gordon - Trent Bridge House

Pete Lilly - County Hall

Leanne Edwards - City Hospital

Jane Hawksford - West Notts College

there  
for you



**Please leave a message on 0115 981 0405 and a ULR will call you back**

### Union Learner Representatives Training dates

Nottingham 8,15 & 22 June (must attend all 3 days)

# Do you want to help others to return to learning?

## Become a Union Learning Rep (ULR)

### What is a Union Learning Rep?

- Gives advice to people at work about how education can help
- Provides information about courses
- Supports people who are nervous about going back to learning
- Finds out what learning needs there are in the workplace
- Talks to the employer about training needs

Training to be a ULR will take place over three days but you will get paid time-off to attend.

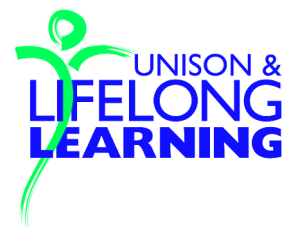
### And we promise you will have fun whilst learning too!

Our next regional courses will be taking place at

### If you'd like to find out more contact

Gavin McCann Regional Learning Development Organiser

T: 0115 8475446 E: [g.mccann@unison.co.uk](mailto:g.mccann@unison.co.uk)



**Finally...** Thank **YOU**. For picking this up and considering Lifelong Learning. For any views or feedback, just drop us a line at the following address:

**Tina Carnachan Lifelong Learning Co-ordinator**

**Nottinghamshire County UNISON 47 Loughborough Road West Bridgford Nottingham NG7 2LA**

**Tel: 0115 981 0405 Email: [branch.office@nottsunison.org.uk](mailto:branch.office@nottsunison.org.uk) Web: [www.nottsunison.org.uk](http://www.nottsunison.org.uk)**